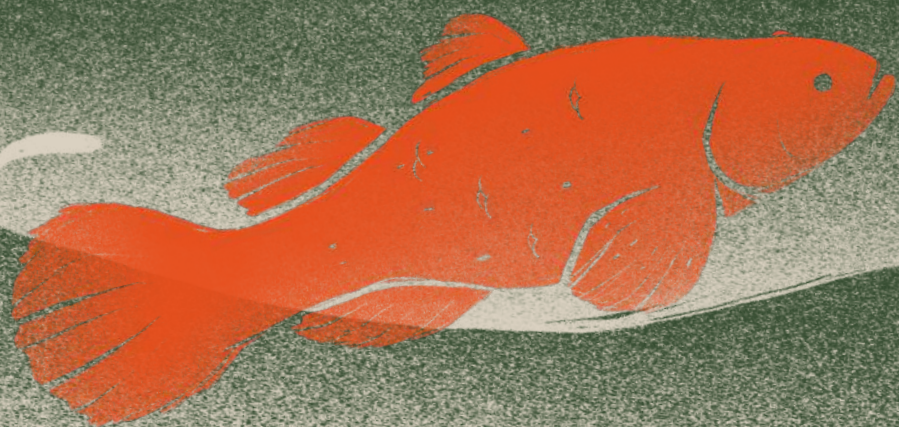




菜单  
MENU





# 30 Years of Seafood Mastery

Established since 1993, Green View's timeless and distinguished taste has been preserved for more than 30 years. Firmly believing in using high quality ingredients, Green View has been continually elevating its culinary forte over the years. We believe that putting our hearts and souls into preparing our food and providing the best service to our customers will allow us to continue our culinary business, and be the preferred seafood restaurant for our customers.

1993年创业至今，長菁的经典味道一路传承了30余年之久。坚持选用优质食材，不断提升烹饪水准。我们相信用心料理，服务至上，方能永续经营，成为顾客首选的海鲜饭店。



Where we began in 1993

成立于1993年



BESTSELLER  
热卖

HOUSE SPECIAL  
HONEY SQUID  
蜜汁苏东须  
(S) RM30  
(M) RM45  
(L) RM60

# 开胃小吃

## APPETISERS



BESTSELLER  
热卖

SALTED EGG  
FRIED PUMPKIN  
咸蛋金瓜  
(S) RM25  
(M) RM37  
(L) RM50



OSMANTHUS EGG WITH  
SHARK FIN & CRAB MEAT  
桂花蟹肉翅  
RM25/Pax  
(Min. order 2 pax)



THAI STYLE JELLY FISH  
泰式海蜇丝  
RM25



THAI STYLE TOFU  
泰式炸豆腐  
(S) RM26  
(M) RM38  
(L) RM50



ROASTED SHA TIN  
CHICKEN  
吊烧沙田鸡  
RM13/Pc  
(Min. order 2 pcs)



BESTSELLER  
热卖

BRAISED CHOICEST  
SEAFOOD  
海味煲  
(S) RM85  
(M) RM145  
(L) RM205



BRAISED SHARK FIN  
CRABMEAT BROTH  
长菁蟹肉翅  
RM34/Pot (盅)  
RM25/Pax (位)



SEAFOOD TOFU BROTH  
海鲜豆腐羹  
RM24/Pot (盅)  
RM18/Pax (位)

# 精选海味

## PREMIUM SEAFOOD

# 红烧海味煲仔翅

MUST TRY  
进店必吃

BRAISED SHARK  
FIN BROTH WITH  
CHOICEST SEAFOOD  
RM148/Pot (盅)



甄选食材  
味道鲜美

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# 長菁招牌生蝦面



GREEN VIEW  
SIGNATURE  
SANG HAR  
NOODLE  
Seasonal price



Our Signature Sanghar Noodles use premium-sized (U2 & U3) freshwater prawns packed full of prawn roe and authentic cooking style that our chefs have perfected over 30 years.

30年專研的好味道  
甄選優質生蝦 (U2 & U3) 滿滿蝦膏  
松脆煎生面配上6小時精熬上湯  
長菁招牌生蝦面 保證讓您垂涎!

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## 招牌生蝦系列

SIGNATURE SANG HAR SELECTION

TRADITIONAL SOY  
SAUCE FRIED SANG HAR  
古法炒生蝦  
Seasonal Price



DRY-FRIED  
SANG HAR  
WITH SPICY  
SAUCE  
干煎生蝦  
Seasonal Price



EGG WHITE  
STEAMED  
SANG HAR  
蛋白蒸生蝦  
Seasonal Price



BRAISED  
SANG HAR  
E-FU NOODLE  
生蝦焗香港伊面  
Seasonal Price



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# 活海鲜系列

LIVE SEAFOOD SELECTION

GEODUCK SASHIMI  
刺身象拔蚌  
Seasonal Price

FRESH OYSTER  
SASHIMI  
刺身生蚝  
RM22/Pc  
(Min. order 2 pcs)

LOBSTER SASHIMI  
刺身龙虾  
Seasonal Price  
Superior stock pot  
with garden greens  
+RM40/Set

BESTSELLER  
热卖



CHEESE BAKED FRESH OYSTER  
芝士生蚝  
RM25/Pc  
(Min. order 2 pcs)

Also available  
GARLIC STEAMED FRESH OYSTER  
蒜蓉粉丝蒸生蚝  
RM25/Pc  
(Min. order 2 pcs)



STIR-FRIED GEODUCK WITH  
TRIO COLOUR PEPPER AND  
MACADAMIA NUTS  
夏果三椒象拔蚌  
Seasonal Price



GEODUCK SASHIMI  
刺身象拔蚌  
Seasonal Price  
Superior stock pot with garden greens  
+RM40/Set

SPRING ONION  
& GINGER FRIED  
LOBSTER  
姜葱炒龙虾  
Seasonal Price

TYPHOON SHELTER  
FRIED LOBSTER  
避风塘炒龙虾  
Seasonal Price



# 阿拉斯加帝王蟹

## THE ALASKAN KING CRAB

The perfect catch from the ocean - Alaskan King Crab

饱满, 清甜, 绝!

## 阿拉斯加帝王蟹系列

### ALASKAN KING CRAB SELECTION



ALASKAN KING CRAB  
(SINGLE/DUO FLAVOUR)  
可选单味煮法或双味煮法  
Seasonal Price

SPICY SWEET & SOUR  
酸甜辣煮法

SALTED EGG  
咸蛋煮法



EGG WHITE STEAMED ALASKAN KING CRAB  
蛋白蒸帝王蟹  
Seasonal Price

GARLIC STEAMED ALASKAN KING CRAB  
蒜蓉蒸帝王蟹  
Seasonal Price

# 酸辣炒 印尼螃蟹

MUST TRY  
进店必吃

SPICY SWEET & SOUR  
INDONESIAN MUD CRAB

Seasonal price

Irresistible Indonesian mud crab  
oozing with flavour and sweetness.  
一份蟹，酸甜香辣。



Enjoy your succulent crab meat without  
hassle - our staffs are more than happy to  
crack your crab claws on your behalf.  
开蟹钳 — 让我们的服务员为您服务吧!

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## 印尼螃蟹系列

INDONESIAN MUD CRAB  
SELECTION

BESTSELLER  
热卖

SALTED EGG  
INDONESIAN MUD CRAB  
咸蛋炒印尼螃蟹  
Seasonal Price



CREAMY BUTTER  
INDONESIAN MUD CRAB  
湿奶油印尼螃蟹  
Seasonal price



BARBEQUE INDONESIAN  
MUD CRAB  
烧烤印尼螃蟹  
Seasonal price



KAM HEONG FRIED  
INDONESIAN MUD CRAB  
金香印尼螃蟹  
Seasonal price



ADD ON  
Handmade Mantao  
(Fried/Steam)  
手工馒头 (炸/蒸)  
+RM10



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# 头蒸尾炸 笋壳鱼

MUST TRY  
进店必吃

HEAD STEAMED  
TAIL FRIED SOON HOCK  
Seasonal price

Experience the delicate taste and springy texture of Soon Hock through steaming and frying with our Superior Soy Sauce.  
一鱼两味，鲜香无比。

Soon Hock liver  
笋壳鱼肝

Sometimes known as the "foie gras" of the sea, enjoy the Soon Hock liver with its rich and sweet savoury flavour.  
“海之鹅肝”，尽兴品味。  
玉盘珍馐，回味无穷。

## 鲜鱼系列 FISH SELECTION

BESTSELLER  
热卖

LEOPARD CORAL  
GROUPEL STEAMED  
WITH SUPERIOR  
SOY SAUCE  
清蒸东星斑  
Seasonal price



### Fish cooking style 煮法

HK Style Steamed/Fried	港式蒸/炸
Steamed with Superior Soy	清蒸
Deep-fried with Superior Soy	油浸
Light-fried with Superior Soy	滑浸
Sweet & Sour	酸甜
Wave-steamed	波浪蒸
Thai Style Fried	泰式炸
Country Style Braised	家乡焖
Minced Ginger Steamed	姜茸蒸
Teo Chew Steamed	潮州蒸
Homemade Chili Steamed/Fried	普蒸/炸
Asam Steamed/Fried	亚参蒸/炸
Kapitan Steamed/Fried	甲必丹蒸/炸



THAI STYLE FRIED TILAPIA  
泰式炸非洲鱼  
Seasonal Price



WAVE-STEAMED BROWN  
MARBLED GROUPEL  
波浪蒸龙虎斑  
Seasonal Price

DEEP FRIED COD FISH  
油浸鳕鱼  
Seasonal Price



HOMEMADE CHILI  
STEAMED TILAPIA  
普蒸非洲鱼  
Seasonal Price



KAPITAN FRIED  
MA YAO FISH  
甲必丹马友  
Seasonal Price



# 海鲜系列

## MIXED SEAFOOD SELECTION



CRISPY CEREAL DESHELLED PRAWN  
麦片虾球  
(S) RM40 (M) RM75 (L) RM110



DRIED BUTTER FRIED SOTONG  
干奶油苏东  
(S) RM40 (M) RM55 (L) RM70



SALTED EGG FRIED SOTONG  
咸蛋苏东  
(S) RM40 (M) RM55 (L) RM70

MUST TRY  
进店必吃

KAPITAN STYLE  
MIXED SEAFOOD  
甲必丹三鲜  
(S) RM45  
(M) RM65  
(L) RM85



SALT & PEPPER  
MANTIS PRAWN  
椒盐虾羔  
(S) RM32  
(M) RM45  
(L) RM57

SALT & PEPPER  
BULLFROG  
椒盐田鸡  
Seasonal Price



KUNG PO  
BULLFROG  
宫保田鸡  
Seasonal Price

POACHED SEA CLAMS  
IN HOT PEPPER SOUP  
爆炸啦啦汤  
(S) RM28  
(M) RM40  
(L) RM52



BESTSELLER  
热卖

KAM HEONG FRIED  
SEA CLAMS  
金香啦啦  
(S) RM28  
(M) RM40  
(L) RM52

# 鸡肉系列

## CHICKEN SELECTION

MUST TRY  
进店必吃

POACHED VILLAGE CHICKEN WITH KAI LAN  
玉兰菜园鸡  
RM55 (Half半)  
RM108 (Whole全)

PROSPERITY HERBAL CHICKEN  
富贵药材鸡  
RM72 (Whole全)

CHICKEN YAM BASKET  
佛钵鸡丁  
(S) RM37  
(M) RM47  
(L) RM57

YUAN YANG ROASTED CHICKEN  
鸳鸯烧鸡  
RM38 (Half半)  
RM75 (Whole全)

LEMON FRIED CHICKEN  
柠檬香脆鸡  
RM38 (Half半)  
RM75 (Whole全)

SALTED BAKED CHICKEN  
盐焗鸡  
RM65 (Whole全)

RED BRAISED PORK KNUCKLE  
红烧焖猪手  
RM55 (Half半)  
RM110 (Whole全)

SWEET & SOUR PORK  
咕嚕猪肉  
(S) RM30  
(M) RM42  
(L) RM55

CLASSIC RED BRAISED LONG RIBS  
红烧长骨  
RM13/100g

# 猪肉系列

## PORK SELECTION

BESTSELLER  
热卖

CRISPY ROASTED SUCKLING PIGLET  
脆皮烧乳猪  
RM249 (Half半)  
RM498 (Whole全)

ZHE JIANG SHORT RIBS  
浙江排骨  
(S) RM30 (M) RM43 (L) RM55

TEOCHEW SALTED LONG RIBS  
古早味潮州咸长骨  
RM13/100g

PORK BELLY WITH SALTED FISH IN CLAYPOT  
咸鱼花腩煲  
(S) RM35 (M) RM48 (L) RM60



# 胜瓜豆腐

SIGNATURE  
BEANCURD WITH  
LUFFA MELON  
(S) RM26 (M) RM38 (L) RM50

MADE  
FRESH  
DAILY!



BRAISED BEANCURD WITH CRAB MEAT  
蟹扒豆腐  
(S) RM32 (M) RM47 (L) RM62



SIZZLING HOT PLATE BEANCURD  
铁板豆腐  
(S) RM26 (M) RM38 (L) RM50



GOLDEN BEANCURD WITH  
PUMPKIN SAUCE  
黄金豆腐  
(S) RM26 (M) RM38 (L) RM50



LIMITED QUANTITIES  
MADE  
FRESH  
DAILY!  
每日限量发售

DRAGONBALL  
BEANCURD  
笼仔豆腐  
(S) RM32  
(M) RM47  
(L) RM62

## 手工豆腐系列

HANDMADE  
BEANCURD  
SELECTION

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## 蔬菜系列

VEGETABLES SELECTION

MUST TRY  
进店  
必吃

YUAN YANG HONG  
KONG KAI LAN  
鸳鸯香港芥兰  
(S) RM32  
(M) RM47  
(L) RM57



BELACAN FRIED FOUR  
KING VEGETABLES  
马来四大天皇  
(S) RM25  
(M) RM37  
(L) RM50



BESTSELLER  
热卖

MIXED VEGETABLES  
WITH MACADAMIA NUTS  
夏果四宝蔬  
(S) RM35  
(M) RM50  
(L) RM65



KANGKUNG BELACAN  
马来风光  
(S) RM20  
(M) RM27  
(L) RM35



CHINESE CHIVES  
WITH SHIMEIJI  
MUSHROOM  
松菇青龙菜  
(S) RM27  
(M) RM39  
(L) RM52



### Choice of vege 蔬菜选项

Hong Kong Kai Lan	香港芥兰
Nai Pak	奶白
Choy Yuen	菜元
Baby Spinach	元菜苗
Kang Kung	薹菜
Romaine Lettuce	油麦
Broccoli	西兰花
Asparagus	芦笋
Long Bean	豆角
Lady's Finger	羊角豆
Chinese Chives	青龙菜
Sweet Potato Leaves	番薯叶
Bitter Gourd	苦瓜



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# 甜品和饮料

## DESSERTS AND BEVERAGES



PANDAN PANCAKE  
古早味窝饼  
RM16/Pc

LEMONGRASS JELLY  
香茅冻  
RM11/Cup

TEOCHEW YAM DESSERT  
潮州芋泥  
RM13/Bowl

**BESTSELLER**  
**热卖**  
MANGO  
POMELO SAGO  
杨枝甘露  
RM15/Cup

LONGAN SEA  
COCONUT  
龙眼海底椰  
RM11/Cup  
RM48/Bowl\*  
(\*Serves up to 6pax)



FRESH COCONUT  
本地香椰  
RM10

### CHINESE TEA

- |                             |         |
|-----------------------------|---------|
| Pu Er Tea 普洱                | RM7/Pax |
| Jasmine Tea 香片              | RM7/Pax |
| King Tea 茶王                 | RM7/Pax |
| Ju Pu Tea 菊普                | RM7/Pax |
| Chrysanthemum Tea 菊花        | RM7/Pax |
| Tie Guan Yin 铁观音            | RM5/Pax |
| +RM2 for any additional pax |         |

### FRESH JUICES

- |                     |      |
|---------------------|------|
| Orange 橙汁           | RM9  |
| Apple 苹果汁           | RM9  |
| Watermelon 西瓜汁      | RM9  |
| Carrot Milk 萝卜炼奶    | RM9  |
| Honeydew 哈密瓜        | RM9  |
| Mango 芒果            | RM10 |
| Sour Plum Lime 桔子酸梅 | RM7  |
| Honey Kam Kat 蜜糖金桔  | RM7  |

### CANNED DRINKS

- |               |                 |
|---------------|-----------------|
| Coca-Cola     | RM4             |
| 100 Plus      | RM4             |
| Kickapoo      | RM4             |
| Sarsi         | RM4             |
| Sprite        | RM4             |
| 7-up          | RM4             |
| Soda Water    | RM4             |
| Soya Milk     | RM4             |
| Chrysanthemum | RM4             |
| Herbal Tea    | RM3/Glass       |
| Chinese Tea   | RM1/Glass       |
| Plain Water   | RM1/Glass       |
| Bottled Water | (S) RM2 (L) RM4 |

### ALCOHOLIC BEVERAGES

- |                          |                   |
|--------------------------|-------------------|
| Carlsberg Original       | (S) RM16 (L) RM26 |
| Carlsberg Smooth Draught | (L) RM26          |
| Guinness Stout           | (S) RM18 (L) RM28 |
| Asahi                    | (L) RM31          |
| Weihenstephaner          | (L) RM34          |

### RED WINE

- |  |       |
|--|-------|
| Tabali Syrah 2012 Chile                | RM195 |
| Excelsior Evanthius Cabernet Sauvignon | RM225 |

### WHITE WINE

- |  |       |
|--|-------|
| Pencarrow Sauvignon Blanc 2016 New Zealand | RM178 |
|--|-------|

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# 长菁海鲜 经典鲜甜

SEAFOOD MASTERY SINCE 1993



RESTORAN GREEN VIEW SDN BHD

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46300 Petaling Jaya, Selangor.  
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016-232 3626

  @restorangreenview

Operating hours 营业时间 11am - 3pm, 5:30pm - 10pm

